

plentyfishy

Do I have to include a tagline?

All about me, me, me.

Hi, I thought I would share my life with all you lovely people.

I lead an active life. Parachuting and skydiving, ice-climbing, surf kayaking and serious rock climbing. I underwent five days training before doing a jump, probably because it was single, not tandem. Like any sports I have enjoyed, part of it is the adrenaline rush, but also part of it is doing it responsibly and as safely as possible. I used to ride motorbikes, but stopped after hitting a pothole and ending up under the wheels of a transit van.

In fact I can no longer drive as I have been diagnosed with Asperger's, or is it High Functioning Autism? I can never remember. Along with the diagnosis of Psychotic Fugue States, life can be a challenge. Fortunately the test for epilepsy came back negative, although it would have been nice to add to the collection.

I'm retired on medical grounds (or I no longer do paid work – nor do I claim benefits (DLA doesn't count as benefits does it?)) but I do occasionally disappear from reality for a little while and thoroughly enjoy it. My immediate family knows where I am. I always take my dog with me, although he's blind and largely deaf, but lives a very happy life relying on sense of smell. The dog has been like this since about 2 years old and is now nearly 15.

My dog was actually 'prescribed' to me by my Psychiatric Consultant after my first breakdown. He said if I could write one last prescription it would be to get a puppy, so I did. As my dog is nearly 15, this would have been in 2000, so I'm now confused as to when I had my first breakdown. We'll gloss over that.



<http://plentyfishy.files.wordpress.com/2015/02/bull1.png>

Although I am retired, I am currently a Headteacher of a Primary School. I was also Headteacher of a school between 1999 to 2002, before having to retire on medical grounds, although between me, you and the gatepost, I pretend I was the head between 1997 and 2004, and also head of a school in Portsmouth between 1991 to 1997. I wasn't really, I was the deputy, but if anyone dares accuse me of

lying, they better watch out! I was the head, it's all true!

One of my hardest jobs is maintaining good relationships with the neighbours. That said, I'd buy a house near my school. On the downside, my school is in use every evening and on Saturdays and Sundays during the day.

I play piano and organ for the local Church when they have a wedding or something important. I did 9 years as a Church organist with three services every Sunday in addition to a full time job. Funny thing – I'm not a keyboard player really. I also run the local choir.

I also play the violin, but my main instrument is the viola. Not to be content with that, I also play the guitar and in my motor-home, I've travelled thousands of miles with it safely under the duvet.



[../plentyfishy.files.wordpress.com/2015/02/bull5.png](http://plentyfishy.files.wordpress.com/2015/02/bull5.png)

I am a very socially conscious person and I will allow homeless people to stay at my home for up to six months whilst assisting them to find a permanent home. But it's not just the homeless I help.

Last year, I was helping a mother with a case with Social Services, where she claims to have been falsely accused, her 4 children had been removed to their grandmother. All sorts of things happened which SS seems to be able to get away with.

I am qualified to give free legal advice and I opened 2 free charities giving such advice, and they both proved hugely successful and I struggled to keep demand. I also became a site team member for of threes of the largest Consumer Based charities on the internet

My previous charity, UKFA led to my current position as the Managing Director of MOMH, offering a wide range of free support to charitable organisations and businesses on a range of issues including:

- Running a charitable organisation efficiently
- Managing People Effectively – Bullying in the Workplace
- Discrimination against those with Mental Health issues
- Exploitation and bullying of those with Mental Health issues
- Protecting the vulnerable
- The dangers of internet fora vs the benefits of the same
- Fighting for Consumer Rights
- Bailiff Law and Reform
- Consumer Debt
- Tackling the mountain as well as the molehill

I have also run CDL Consultancy, offering an Education Consultancy Service to Local Education Authorities and individual schools.





(../plentyfishy.files.wordpress.com/2015/02/bull4.jpg) I am educated to a high level having attained a Master of Science (MSc), Post Graduate Certificate in Education (PGCE), a Bachelor of Arts with Honours (BA(Hons)), Master of Business Administration (MBA) and a Scholarship from Repton Boarding School.

Despite such an active social life, volunteering, consulting, advising, being a Headteacher and a choirmaster, and taking my blind dog out to disappear from reality for a while, I need 24 hour care. This means I get a variety of carers, usually my long suffering, fantastic wife, but never get time by myself. I would dearly love to just be left alone for an hour or two in some remote spot just to listen to the silence.

Saying that, I do have plenty of 'alone' time, but I have needed to be rescued by the Helicops on many, many occasions when I have been out on my own in the local mountains for too long, but I am always grateful for their help. To show this, I replied to them when they tweeted "helped officers locate a vulnerable missing person". I replied "That was me and I am exceedingly grateful every time you help. Thank you." Manners costs nothing.

I must clarify though that Helicops don't tweet when they search for a vulnerable person with mental health issues, although they do, or do they?



(../plentyfishy.files.wordpress.com/2015/02/bull7.jpg)

Comments on: "All about me, me, me." (9)

Cauldron Kate *said:*

February 28, 2015 at 5:59 pm

Interesting to read a bit more about him. He is or was a very busy man, a very, very busy man indeed.

★Like

Like

Tom *said:*

February 28, 2015 at 6:42 pm

I think this site is in very poor taste.

★Like

Liked by 1 person

plentyfishy *said:*

February 28, 2015 at 6:50 pm

Wow, Cauldron Kate, do I have to call you Tom now?

★Like

Like

Cauldron Kate *said:*

February 28, 2015 at 7:18 pm

Tom? Why the devil would you call me Tom?

★Like

Like

plentyfishy *said:*

February 28, 2015 at 7:19 pm

You have the same IPs. Lol.

★Like

Like

Topsy *said:*

February 28, 2015 at 8:43 pm

I wrote <http://nymag.com/scienceofus/2014/11/what-its-like-to-have-a-micropenis.html> is a brilliant site but you will not let the link stay because of your Guru. I live in a Thomas Street.

★Like

Like

plentyfishy *said:*

February 28, 2015 at 9:04 pm

Why do you keep posting links to these strange websites? It's so odd.

★Like

Like

kipper *said:*

March 1, 2015 at 12:35 am

I thought he was retired. Typical of him though to keep trying to make himself look good., I reckon he hws a mental problem just not the ones he reckons.

★Like

Like

plentyfishy *said:*

March 1, 2015 at 7:41 am

We all thought he was retired.

★Like

Like

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